



NURTURING GROWTH TRADING  
*Inspire, Nurture, Grow*

“Creating a movement for kindness, consciousness and radical self acceptance”



Nurturing Growth Trading, is a leading and professional coaching, training and leadership development company. It has distinguished itself through:

- Its ability to integrate and coach many aspects of individual, team and broader leadership effectiveness. We do this through offering leadership and personal development coaching, Enneagram personality style typing and teaching, conflict management and managing complex conversations around diversity, general team building, facilitation and self-awareness (EQ development) training.

## COMPANY PROFILE

### Expertise

## NURTURING-GROWTH TRADING & ASSOCIATES

We are a group of qualified and highly experienced Executive Coaches, Facilitators and Trainers who are passionate about unlocking human potential. We believe in the intrinsic worth of each person we work with. We skillfully craft a journey of positive change and transformation, which in turn results into deepened relationships; greater self-awareness and improved leadership capabilities.



### Certified and Professional Leadership Coaches

As professional Coaches, we are dedicated to making each client and team we work with feel seen, heard and understood.

### History

NGT was born during 2006 out of a passion to contribute positively towards South Africa's transformation.

A decade later, and we have grown into a reputable and professional coaching and training company. Since 2006, we have served over 80 companies and not-for-profit organisations, with a total of 10 being long term clients. We had been and continue to facilitate the Workplace Effectiveness Mentoring Training Programme at the South African Reserve Bank since 2008. The founding member, Alicia S Pieterse, has personally coached on average about 100 senior leaders over the last decade.

#### Vision:

Nurturing Growth Trading inspires individuals and teams to live with joyful purpose and profound self-understanding.

#### Mission Statement:

Through its coaching and facilitation interventions, Nurturing Growth Trading provides clarity of mind, improved health, higher productivity, greater self-awareness and lasting joy to its clients.

#### Unique Value Proposition:

Through deep coaching; deep listening, attuned presence, and deep skill, we nurture individual and team potential towards optimum productivity.

## NURTURING GROWTH TRADING



“Letting go of control and saying yes to this moment; saying yes to yourself, is the secret to your joy.”

*Alicia S Pieterse*

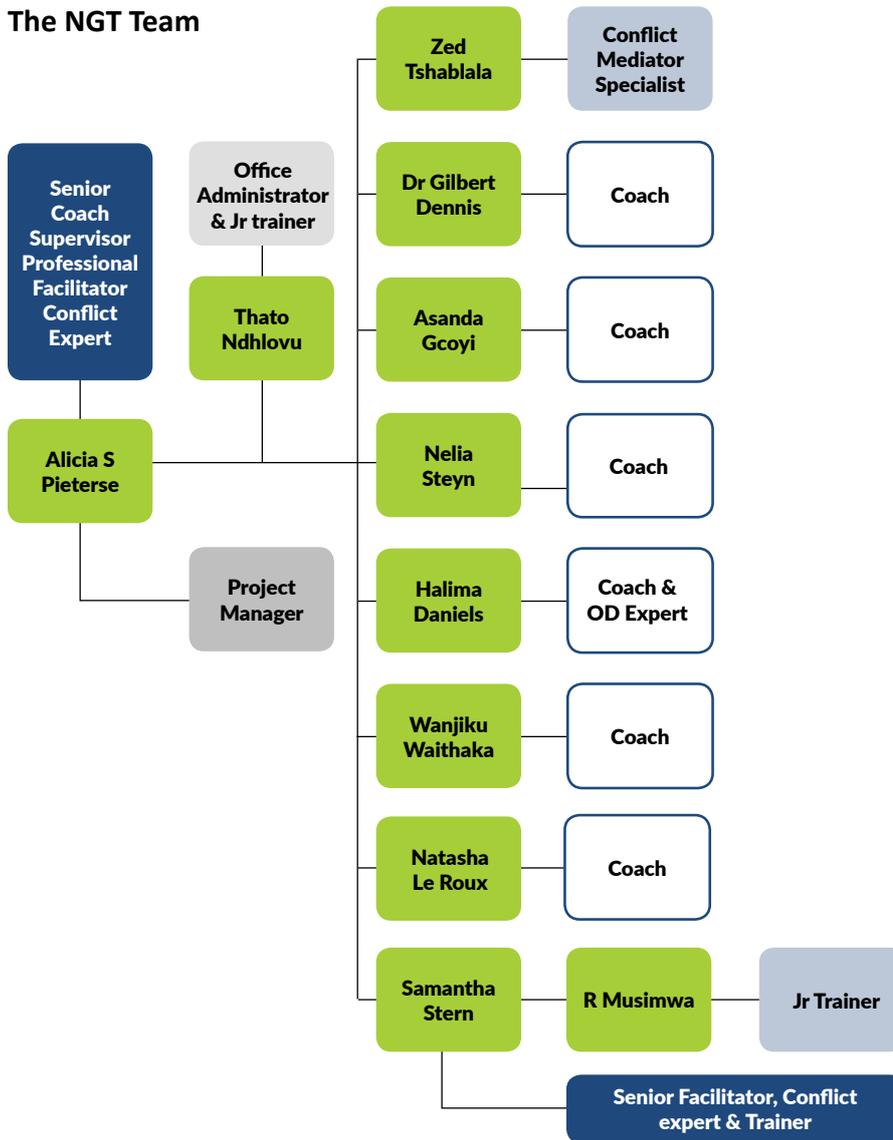
### NGT Areas of Expertise and Services

#### NGT Services:

We are a team of committed and experienced coaches, trainers and facilitators, and provide the following services:-

 <ul style="list-style-type: none"> <li>• Executive, Business; Personal Transformation &amp; Leadership Coaching.</li> </ul>	 <ul style="list-style-type: none"> <li>• Provide self-awareness training and Personality profiling Assessments: for individuals and teams.</li> </ul>
 <ul style="list-style-type: none"> <li>• Executive TEAM Coaching: provide team coaching to middle-management and senior teams towards creating more productive and self-aware leaders.</li> </ul>	 <ul style="list-style-type: none"> <li>• CONFLICT MANAGEMENT: Provide Change &amp; Diversity Management Facilitation (using deep democracy processes)</li> </ul>
 <ul style="list-style-type: none"> <li>• Systems theory and analysis: provide organisational diagnostics and with targeted and focused solutions.</li> </ul>	 <ul style="list-style-type: none"> <li>• Provide Leadership and Personal Transformation Seminars for youth, women and the general public.</li> </ul>
 <ul style="list-style-type: none"> <li>• Change Management Processes: We support companies with their change management strategies and in doing so, focus on leadership development.</li> </ul>	 <ul style="list-style-type: none"> <li>• Facilitate Process Facilitation: Provide Meaningful Conversations and Self-Discovery workshops</li> </ul>

## The NGT Team



## Feedback From Our Clients

Nurturing Growth has been assisting the Bank on the Workplace Effectiveness Mentoring Programme since 2008. This Programme has been fruitful for the development and work-integration of our learners on the Information Technology Business Learnership Programme. Most of the learners are still young and have never been in the work environment before, as such the Programme assists them among others with interpersonal skills such as, understanding oneself, understanding others, communication skills, presentation skills, managing your finances, goal setting etc. These interventions have been very beneficial to both the learners and the Bank. The learners really hold the Programme in high regard and it gives us great pleasure to witness the complete metamorphosis from these young, inexperienced, unpolished individuals to well-rounded individuals at the end of the Programme. Deliah Sampson. South African Reserve Bank Academy.

A year ago I was falling apart... What I've learnt over the past few months has been like very good medicine to my soul. I am looking at the beautiful ocean with waves crashing and the sea is calm today. This explains my own heart, my own journey to date. I am happier than I have ever been before. I am empowered, stronger, yet much calmer, a better Mother to my kids and a better person. I love me, I love Marissa. She is the captain of her own ship and she is ready for anything, no matter how rough the seas might be. And all I had to do was to have the will and the courage to turn the page to write the real true chapter of a brand new life. Marissa Enslin.

Alicia has been an excellent coach. She made me feel that I mattered and that she genuinely cared about my growth. The amount of attention and care she put into the sessions made me feel like I am her 'only client'. South Africa needs this. Saying 'Thank you' could never express the gratitude I feel towards Alicia for being present and investing herself in ensuring my growth." Nomfundo Mogapi. Executive Director. CSV

"These days I have lots of energy; I get along with my staff and find great joy in all my relationships; especially with my wife and children." CEO

## Benefits of Working with Nurturing Growth Coaches/ Facilitators

We walk our talk and believe in the value of personal development and the importance of self-mastery. We use the Enneagram as an assessment tool and through this system, clients learn to understand themselves better, how to relate well to others and how to be more productive in the workplace and in the social arena. This is a powerful tool for building high functioning teams and for developing greater self-awareness.

We work deeply with diversity, as individuals and teams soon discover how much they have in common, based on personality patterns, as opposed to focusing on superficial differences such as race, gender, etc. Our coaching and facilitation style is supportive, and we listen deeply.

We hold the space for people to explore; participate; learn and grow, and move individuals and teams into the possibility of their goals. We work with the full range of the mind-body-emotive intelligence and support people in growing beyond their potential.

As seasoned leaders, our competitive advantage is our ability to inspire and to facilitate individuals and teams' unique change journeys. We transform organizational systems and provide sustainable solutions that unlock unique potential. We facilitate sustained, positive changes as we offer critical self-management skills, tools, and methods. Clients report great satisfaction from having worked with the Nurturing-Growth team.



*Thank you for your interest in nurturing growth trading and in the work that we do.*

## Contact Us

Tel:+27(0) 10 900 4043

Address: 42, 12th Street, Parkhurst, 2193

**Thato:**

Mobile: +27(0) 72 327 0300

Email: [Thato@Nurturing-growth.co.za](mailto:Thato@Nurturing-growth.co.za)

**Alicia**

Mobile: +27(0) 82 922 1294

Email: [Alicia@Nurturing-growth.co.za](mailto:Alicia@Nurturing-growth.co.za)



**'It is not about what happened to us; it is about how we perceive what's happened to us and the path we choose to deal with it. It's about facing our feelings and being present to our direct experience.'**

*Dr Mark Epstein*