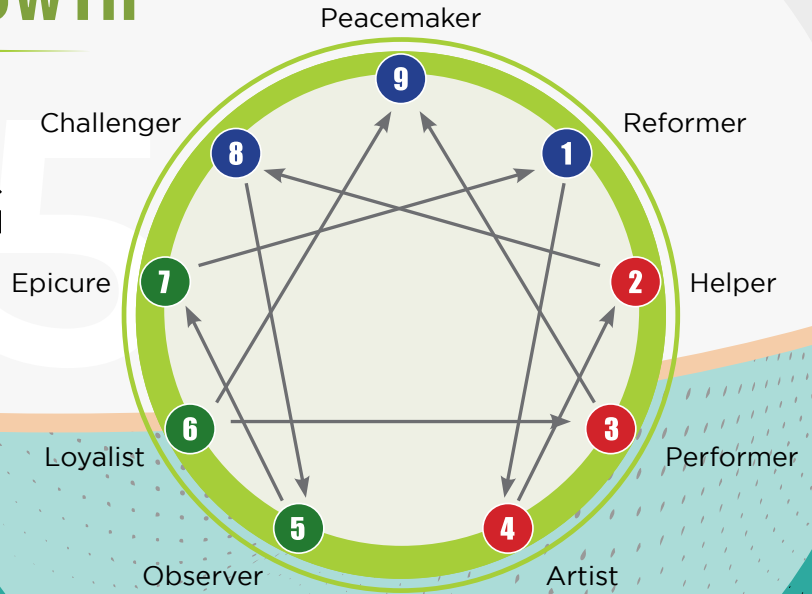




NURTURING GROWTH

TRADING

COACHING CIRCLE



Purpose: The six-month Coaching Circle is your doorway to breaking free from limiting habits and beliefs, strengthening your emotional resilience, and creating a roadmap for lasting success.

BI-WEEKLY, VIRTUAL SESSIONS:
FROM 15:00 – 17:00.



FIRST →
SESSION:

15 MARCH 2025

Tour of the Style: Explore your special number.

The team: Alicia S Pieterse, Brian Mhlanga, Nelia Steyn and Elmarie Roberts.

Outcomes: By attending the Coaching Circle, you will:

1

Master Emotional Self-Regulation – Learn to navigate stress, anxiety, and self-doubt with grace and resilience.

2

Strengthen Interpersonal Skills – Cultivate deeper, more fulfilling relationships at work and home.

3

Embrace Financial Abundance – Shift limiting money mindsets and confidently step into prosperity.

4

Lead with Courage & Authenticity – Own your voice, set boundaries, and step into your power.

5

Be part of a supportive community that sees and celebrates you as you are.

Join a supportive community where we can navigate the challenges of modern life together. Let's grow, learn, and thrive together.

REGISTER TODAY

www.nurturing-growth.co.za

Bi-Weekly, Virtual sessions

from 15:00 – 16:30

Starting Date: Saturday, 15 March 2025.

TOPICS

- 1.** Tour of the styles: - Explore your Special Number and Superpower.
- 2.** Enhance Communication and Deepen Relationships: Uncover Your Default Style and Cultivate Stronger Connections with Yourself and Others.
- 3.** Shine a light on your blind spots and limiting beliefs and break free from what has held you back.
- 4.** Explore the impact of your early childhood experiences: Unveil the mysteries of your early childhood experiences and discover your conditioned tendencies, survival strategies, and coping mechanisms.
- 5.** Harness the Power of Emotional Intelligence: Heal and transform your relationship with anger and shame.
- 6.** Celebrate Diversity and Inclusion: The universal application of the Enneagram fosters a sense of inclusion and belonging.
- 7.** Cultivate Emotional Agility: Learn to Master Your Emotions, how to develop Empathy, and Unlock Your Personal Mastery.
- 8.** Master Your Stress: Learn how to release your stress and become more resilient.
- 9.** Values alignment: Align your values with your authentic self and embrace your independence.
- 10.** The Road to Freedom: Craft Your Growth Journey and Secure a Successful Future.
- 11.** Build your self-esteem and develop confidence. Celebrate the virtue of your style and manifest your best life.
- 12.** Silence Your Inner Critic and Reclaim Your Authentic Power. Full day.

REGISTER TODAY

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NURTURING GROWTH

TRADING

Join the Coaching Circle Today.

Step into a vibrant, supportive community where you can grow, learn and thrive together

Ready to Start Your Transformative Journey?
Let's Grow Together!

We're excited to support you on this path with flexible options and exclusive perks:

Early Bird Discount: Save 10% when you register and pay before February 28, 2025.

Referral Bonus: Refer a friend, colleague, or group, and upon their successful enrolment, receive 15% discount.

Tailored Options to Fit Your Needs. Flexible Payment Plans

Private Individuals:

- Full Payment: R6,000
- R550 per session (monthly R1,100)
- Extended Plan: R7,200 (paid over 9 months)

International Clients:

- Full Payment: \$420
- Per session: \$40

Premium Offer:

- Cost: R18,000 (or \$1,340 for International Clients and Business/ Company Rate)
- Includes: 6 months of group Coaching Circles + 4 personalised one-on-one coaching sessions for accelerated self-awareness and sustainable transformation.

Risk-Free Guarantee: If you don't find value after your first session, we'll refund your investment—no questions asked.

Company Rates: Customized packages available.
Contact us for more details.

REGISTER TODAY

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