



NURTURING GROWTH TRADING

Nurture, Develop and Grow Leaders

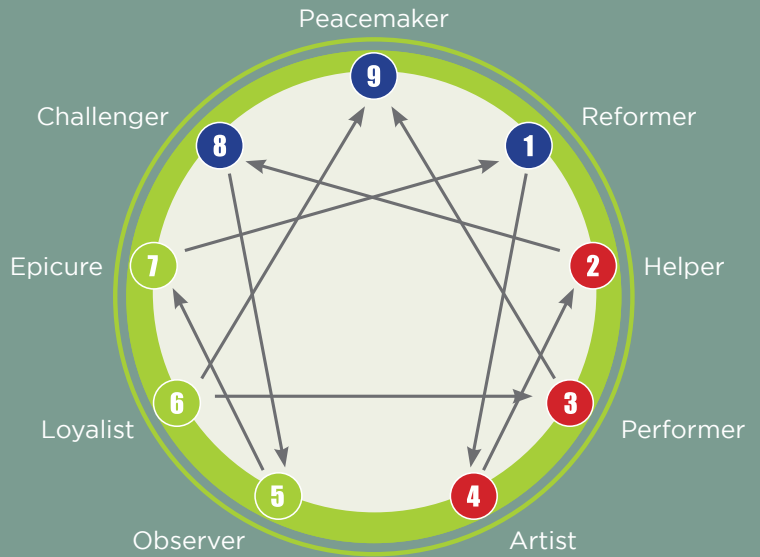
A Leadership Development and Coaching Company, Registered in 2009.

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Coaching with the Enneagram

NURTURING GROWTH TRADING COMPANY PROFILE

BACKGROUND

NURTURING GROWTH TRADING is a professional Coaching Company, formally registered in 2009. At Nurturing Growth Trading (NGT), we use an integrative approach to leadership development in our quest to nurture sustainable growth, development, and complete wellbeing.

"The Nurturing-Growth Coaches are outstanding professionals, and they coach with great insight, compassion, and expertise and they supported me in my leadership journey. This experience has been invaluable in my growth as a compassionate, aware, and purposeful leader."
CEO. International HIV/AIDS organisation.

PURPOSE

To unlock the leadership potential of all our clients.

VISION

To inspire individuals and teams to live with joyful self-understanding and profound purpose.

MISSION

To nurture, develop and grow leaders for improved workplace effectiveness.

Our Values

We believe in our clients' intrinsic worth, possibility, and resourcefulness, and uphold the principles of **presence, active listening, kindness, excellence, and accelerated growth.**

Herewith is a definition of our values, as found below.

Presence: We are attuned to our clients' needs and give them our full attention.

Active listening: We build empathetic bonds with our clients through the gift of active listening, which makes our clients feel heard, seen, understood, valued, and supported.

Kindness: Kindness starts with being more loving and accepting of ourselves. It includes self-care, positive self-talk, and having strong boundaries.

"Kindness is love in action." – Margret B. Moss.

Excellence: We foster excellence by adding value to our clients in delivering efficient and effective services.

Accelerated Growth: We unleash leadership potential by developing self-awareness, advancing daily mindfulness practices, and unleashing personal, authentic power.

Our Services

- | | | | | | | |
|--|---|--------------------------------|---|---|---|------------------------------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| One-on-one Leadership Coaching & Team Coaching | DE&I Diversity, Equity & Inclusion Training | Conflict Management Resolution | Leadership Seminars and Training Events | Workplace Effectiveness Mentoring Program | EQ and Self Awareness Training with the Enneagram | Leadership Coaching Support Groups |

Our Style:

We add value to our clients by enabling them to grow from self-regulation to self-mastery in ensuring greater workplace effectiveness. We furthermore:

- Move individuals and teams into the possibility of their goals.
 - We are supportive and listen deeply and use the clients' resourcefulness in sourcing lasting solutions.
 - Provide a safe, holding space for participants to explore, experiment, enquire, learn, co-create, and grow.
 - Are professional and self-reflective.
 - Assist clients in becoming more resilient, agile, and optimistic.
 - Coaching with the Enneagram provides us with an edge, as it helps leaders understand their leadership style and creates a personalized map for their development.
- For most leaders, they say that landing on their personality

style is like a 'light bulb moment' for them.

- The Enneagram helps leaders understand their early childhood experiences, strengths and blindspots, coping strategies, survival patterns, and work styles. Identifying and working with these patterns enables them to new and more innovative ways of working.
- DE&I (Diversity, Equity & Inclusion): We bring a DE&I lens to our work, as all leaders benefit from a deeper understanding of diversity and inclusion, which in return makes their staff feel valued and appreciated.

"The Enneagram is a superb personality style tool for understanding the whole person. Combining the enneagram with coaching, expedites growth and accelerates positive shifts."

Depth Coach Alicia

"They coach with the Enneagram, and that approach forces you to be honest with yourself and about who you are. It's the kind of labour that can make you feel uncomfortable at first, as you find things you do not expect to see or are not ready to see. Nevertheless, it has helped me to strengthen my relationships with my work team, my family, particularly my kids and my husband, and because of that, it made me a better person and more compassionate leader."

Senior Manager.

Benefits of Working With Nurturing Growth Coaches & Trainers

We walk our talk and believe in the value of personal development and the importance of self-mastery. We work with the full range of mind-body-emotive-relational intelligence and support people in growing beyond their potential. We use the Enneagram as an assessment tool and personality style system for developing depth in self-understanding, self-compassion, and self-mastery. It is a powerful tool that develops, grows, and transforms individuals and builds high-performing teams.

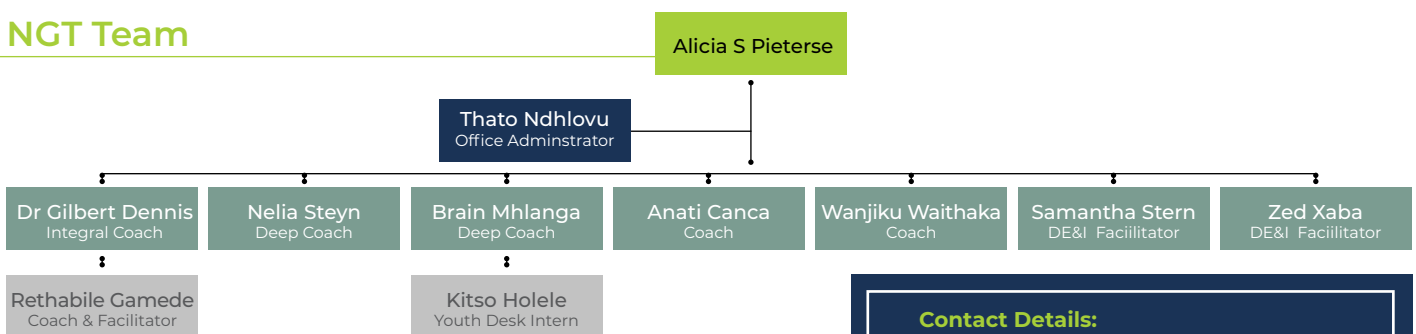
Clients are often profoundly impacted by our Diversity, Equity, and Inclusion (DE&I) program, as they courageously share their personal stories. It is rewarding to observe the positive shifts when people allow themselves to be vulnerable, open-minded, and courageous within safe and nurturing spaces.

We work experientially and allow individuals and teams to discover and optimise their full potential.

Our competitive advantage is our ability to inspire and facilitate each person and teams' unique change journey. As a result, we transform organizational systems and individuals by offering compelling sustainable solutions.

Coaching with Alicia from Nurturing Growth was indeed a beautiful and empowering journey where the pieces fall into place over time. It's a year later, and I feel like someone has waved a magic wand over me, sprinkling some magic dust. I'm empowered; I've resolved many issues and have found my inner authority. Executive Director. Parastatal.

NGT Team



Conclusion

We believe that every person and team contain the seeds to their greatness and potential, given the right tools and nurturing environment.

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Leadership Coach (ACMS-ISNS)

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