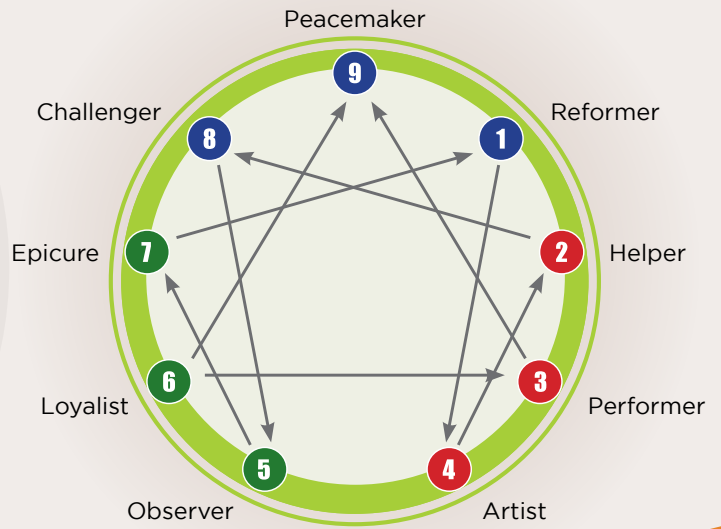




NURTURING GROWTH
TRADING

Enneagram Personality Style Test



Full Names:

Date:

Email address:

Work Company and Department:

Step 1: Quick Self-Reflection

Before diving into the types, answer these warm-up questions:

1. If your best friend / partner had to sum you up in 3 words, what would they say?

2. What's one thing you secretly wish people knew about you?

3. What's a habit or quirk you have that people always notice about you?

4. When you're feeling stressed, what's your go-to way to unwind?

Step 2: "What Would You Do?" Personality Quiz

Below are nine short, relatable scenarios. Choose the response that feels most natural to you!

SCENARIO 1: The Group Project. Your team is struggling to stay on track. What's your instinct?

- A)** Step up, take charge, and make sure things get done. (Type 8)
- B)** Keep the peace, make sure no one's feelings get hurt. (Type 9)
- C)** Double-check every detail and ensure quality work. (Type 1)

SCENARIO 2: A Friend Needs Help. Your friend is having a tough time. How do you respond?

- A)** Offer practical advice and help solve the problem. (Type 3)
- B)** Give them a big hug and remind them they are loved. (Type 2)
- C)** Dive deep into their feelings and talk about the meaning of it all. (Type 4)

SCENARIO 3: The Weekend Vibe. It's the weekend! How do you prefer to spend your time?

- A)** Braai with friends and family! Good food, good company, and maybe even a debate about rugby or politics. (Type 7)
- B)** Catching up on reading or a hobby. You enjoy your own space and love learning new things. (Type 5)
- C)** Chilling at home or in nature. Whether it's a quiet walk, a nap, or just "taking it easy," you like a relaxed, go-with-the-flow vibe. (Type 9)

SCENARIO 4: The Office Meeting. Your boss announces a big change. How do you react?

- A)** Question everything, examining the risks (Type 6)
- B)** Embrace it! Change = exciting new opportunities. (Type 7)
- C)** Stay focused on what's fair and right. (Type 1)

Step 3: Identifying Your Top Three Types

Look at your answers—do you see a pattern?

Write down the top 3 numbers that showed up the most in order of priority.

Identify the description that feels the most like you.

Type Descriptions

Type 1 - The Perfectionist/ Reformer:

You have an inner compass that always points to what's right. You believe in high standards and doing things correctly. Sometimes, you feel overworked, resentful, and highly critical of yourself and others.

Type 2 - The Helper / Giver:

You're all heart. You're always there when people need you. You instinctively know what others need but can forget that you deserve care. You often struggle with boundaries and can feel overextended physically, financially, and emotionally.

Type 3 - The Achiever / Performer:

Success is your middle name. You set goals, and you go after them. People admire your confidence. You have a hard time slowing down and tend to ignore / or neglect your personal needs and or the needs of others.

Type 4 - The Individualist / Artist:

You feel deeply, are creative, and crave meaning. You have a unique way of seeing the world but can let self-doubt and self-consciousness hold you back. Your experiences are filtered through your emotions, and there seems to be an underlying theme of loss or that something is missing.

Type 5 - The Observer / Thinker:

Knowledge is power, and you love uncovering meaningful truths. You'd rather observe than be in the spotlight. You struggle with feelings of emptiness and loneliness and can have a hard time letting other people get close to you.

Type 6 - The Loyalist / Questioner:

You are hyper-vigilant and a cautious strategist. You are constantly prepared and think ahead. Trust is a significant matter for you, and once someone earns it, you become their rock. However, you tend to be pessimistic and often see the glass as half-empty.

Type 7 - The Enthusiast / Epicure:

You're the life of the party, with Big Ideas and Big Dreams! You have boundless energy and think ahead to better opportunities, possibilities, and options. You are future-oriented, avoid painful emotions and can have difficulty with commitments and/or follow-through.

Type 8 - The Challenger Leader:

You're the bold one—the friend who stands up for others. If life was a movie, you'd be the fierce protector who doesn't back down. Strength is your superpower, but letting people see your softer side can feel challenging. You believe others will take advantage of you if you are weak or lose control.

Type 9 - The Peacemaker / Mediator:

You're the calm in the storm. Everyone loves you because you make them feel at ease. You prefer harmony, but sometimes, you forget that your voice matters, too. You can see all sides of an issue, are drawn to comfort, and avoid conflict.