

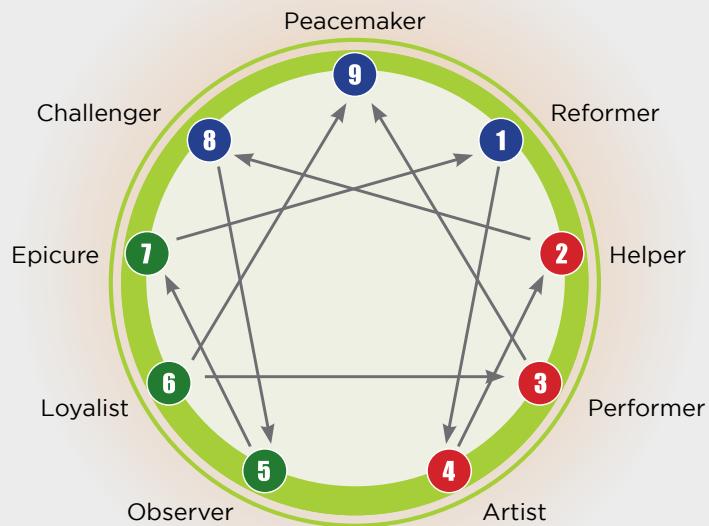


# NURTURING GROWTH

TRADING

A Leadership Development and Coaching Company, Registered in 2009.

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## COMPANY PROFILE

### BACKGROUND

**NURTURING GROWTH TRADING** a leading leadership development and coaching company dedicated to helping people reach their full potential and build strong and successful teams.

### Coaching with the Enneagram

*"The Nurturing-Growth Coaches are outstanding professionals, and they coach with great insight, compassion, and expertise and they supported me in my leadership journey. This experience has been invaluable in my growth as a compassionate, aware, and purposeful leader."*

**CEO. International HIV/AIDS organisation.**

**PURPOSE**  
 Nurturing Growth is a leadership coaching movement committed to cultivating consciousness, kindness, and radical self-acceptance.

**VISION**  
 We inspire individuals and teams to live with joyful self-understanding and profound purpose.

**MISSION**  
 We nurture, develop and grow leaders for improved workplace effectiveness and personal fulfillment.

### Our Values

We believe in our clients' intrinsic worth, dignity, possibility, and resourcefulness, and uphold the principles of **presence, active listening, kindness, excellence, and accelerated growth**.

Herewith is a definition of our values, as found below.

**Presence:** We are attuned to our clients' needs and give them our full attention.

**Active listening:** We build empathetic bonds with our clients through the gift of active listening, which makes our clients feel heard, seen, understood, valued, and supported.

**Kindness:** Kindness starts with being more loving and accepting of ourselves. It includes self-care, positive self-talk, and having strong boundaries.

**"Kindness is love in action."** – Margret B. Moss.

**Excellence:** We foster excellence by adding value to our clients in delivering efficient and effective services.

**Accelerated Growth:** We unleash leadership potential by developing self-awareness, advancing daily mindfulness practices, and unleashing personal, authentic power.

### Our Services

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Team Coaching & One-on-One Coaching

DE&I Diversity, Equity & Inclusion Training

Conflict Management Resolution

Leadership Seminars and Training Events

Workplace Effectiveness Mentoring Program

EQ and Self Awareness Training with the Enneagram

Leadership Coaching Support Groups

Enneagram Coaching Circles

## Our Style

We add value to all our clients and guide them from survival to self-regulation, self-mastery, and promoting workplace excellence. We empower teams, listen deeply, and unlock lasting solutions. Our safe spaces foster exploration and growth. Clients become resilient, agile, and optimistic. Enneagram-informed coaching gives leaders personalised development plans, often sparking 'light bulb moments'. The Enneagram reveals childhood influences, conditioning, strengths, blindspots, and work patterns, inspiring innovative approaches. We integrate DE&I perspectives, helping leaders value diversity and inclusion. We tap into clients' resourcefulness through holistic coaching, fostering experimentation and co-creation for transformative results.

***"The Enneagram is a superb personality style tool for understanding the whole person. Combining the enneagram with coaching, expedites growth and accelerates positive shifts."***

Depth Coach Alicia

***"They coach with the Enneagram, and that approach forces you to be honest with yourself and about who you are. It's the kind of labour that can make you feel uncomfortable at first, as you find things you do not expect to see or are not ready to see. Nevertheless, it has helped me to strengthen my relationships with my work team, my family, particularly my kids and my husband, and because of that, it made me a better person and more compassionate leader."***

Senior Manager

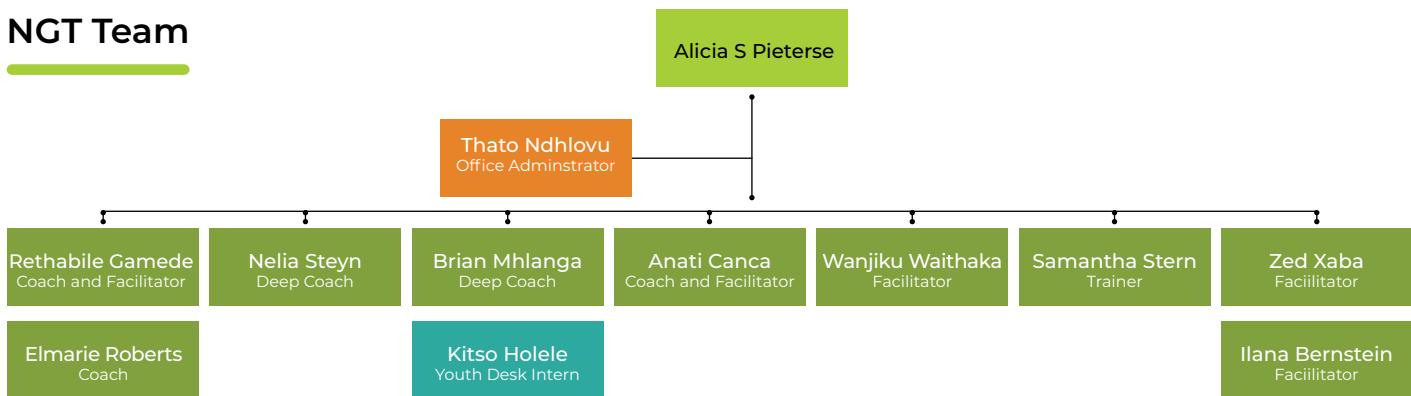
## Benefits of working with NGT Coaches and Facilitators

- We inspire unique change with our transformative team coaching, guiding organisations to new heights with tailored solutions.
- Unlock your leadership potential with our bespoke coaching approach. Break old habits, boost self-awareness, and elevate your leadership. Enhance your impact at work, in teams, and in relationships. Our presence-based and holistic approach helps you excel at work and in life.
- Our uniquely tailored DEI training sharpens employees' sensitivity to diverse needs, leading to more effective and culturally sensitive workplaces.

*"Coaching with Alicia from Nurturing Growth was indeed a beautiful and empowering journey where the pieces fell into place over time. It's a year later, and I feel like someone has waved a magic wand over me, sprinkling some magic dust. I'm empowered; I've resolved many issues and have found my inner authority."*

Executive Director, Parastatal.

## NGT Team



## Conclusion

Every person has seeds of greatness inside them. To blossom, you need expert support in a safe environment.

**Alicia S Pieterse. BA S.W. M.A Theology** | Nurturing Growth Trading MD  
Certified Deep Coach Professional (CDCP) | Leadership Coach (ACMS-ISNS)

### Contact Details:

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