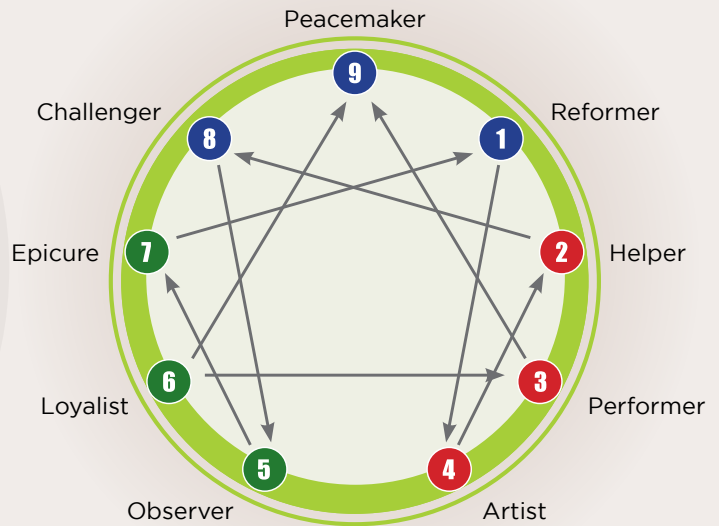




**NURTURING GROWTH**  
TRADING

# Enneagram Personality Style Test



Full Names:

Date:

Email address:

Work Company and Department:

## Step 1: Quick Self-Reflection

Before diving into the types, answer these warm-up questions:

1. If your best friend / partner had to sum you up in 4 words, what would they say?

2. What's one thing you secretly wish people knew about you?

3. What goal are you pursuing in life?

4. When you're feeling stressed, what's your go-to way to unwind?

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## Step 2: "What Would You Do?" Personality Quiz

Below are nine short, relatable scenarios. Choose the response that feels most natural to you!

**SCENARIO 1: The Group Project.** Your team is struggling to stay on track. What's your instinct?

- ☐ **A)** Step up, take charge, and make sure things get done. (Type 8)
- ☐ **B)** Keep the peace, make sure no one's feelings get hurt. (Type 9)
- ☐ **C)** Double-check every detail and ensure quality work. (Type 1)

**SCENARIO 2: A Friend Needs Help.** Your friend is having a tough time. How do you respond?

- ☐ **A)** Offer practical advice and help solve the problem. (Type 3)
- ☐ **B)** Give them a big hug and remind them they are loved. (Type 2)
- ☐ **C)** Dive deep into their feelings and talk about the meaning of it all. (Type 4)

**SCENARIO 3: The Weekend Vibe.** It's the weekend! How do you prefer to spend your time?

- ☐ **A)** Braai with friends and family! Good food, good company, and maybe even a debate about rugby or politics. (Type 7)
- ☐ **B)** Catching up on reading or a hobby. You enjoy your own space and love learning new things. (Type 5)
- ☐ **C)** Chilling at home or in nature. Whether it's a quiet walk, a nap, or just "taking it easy," you like a relaxed, go-with-the-flow vibe. (Type 9)

**SCENARIO 4: The Office Meeting.** Your boss announces a big change. How do you react?

- ☐ **A)** Question everything, examining the risks (Type 6)
- ☐ **B)** Embrace it! Change = exciting new opportunities. (Type 7)
- ☐ **C)** Stay focused on what's fair and right. (Type 1)

## Step 3: Please read carefully and tick off the boxes that sound most like you from numbers 1-4.

### 1. Thinking Patterns

How each type processes information, solves problems, and relates to thoughts.

Type	Thinking Pattern	
1. Reformer	Analytical, rule-bound, self-critical thoughts focused on improvement.	<input type="radio"/>
2. Helper	Other-focused thinking, often imagining what others need or feel.	<input type="radio"/>
3. Achiever	Goal-oriented and efficient thinking; filters thoughts through productivity.	<input type="radio"/>
4. Creative	Reflective, imaginative, emotionally infused thinking; often self-focused.	<input type="radio"/>
5. Observer	Abstract, detached, and logic-driven; avoids emotional entanglement.	<input type="radio"/>
6. Loyalist	Worst-case scenario thinking; highly aware of potential risks.	<input type="radio"/>
7. Enthusiast	Fast-paced, future-focused, idea-generating; avoids discomfort.	<input type="radio"/>
8. Challenger	Strategic and action-driven; thinks in terms of control and impact.	<input type="radio"/>
9. Peacemaker	Ruminates, inclusive and harmonious, often merging others' perspectives with their own.	<input type="radio"/>

### 2. Feeling Patterns

Describes your emotional life, how you experience and express feelings.

Type	Feeling Pattern	
1. Reformer	Repressed anger; feels guilt or frustration when things aren't "right."	<input type="radio"/>
2. Helper	Feels valued when needed; struggles with resentment when unappreciated.	<input type="radio"/>
3. Achiever	Feels pride in success, but struggles with shame and emotional disconnection.	<input type="radio"/>
4. Artist	Deep emotional intensity; often swings between longing and melancholy.	<input type="radio"/>
5. Observer	Detached from feelings; feels overwhelmed when emotions arise.	<input type="radio"/>
6. Loyalist	Anxiety-prone; feels fear and seeks security through others.	<input type="radio"/>
7. Enthusiast	Avoids painful feelings; focuses on positive emotions.	<input type="radio"/>
8. Challenger	Feels anger easily, but often hides softer emotions like hurt or fear.	<input type="radio"/>
9. Peacemaker	Often numbs or avoids feelings to maintain peace and inner calm.	<input type="radio"/>

### 3. Focus of Attention

What automatically grabs your (FOA) attention, often unconsciously.

Type	Focus of Attention	
1. Reformer	What's wrong or needs improvement.	<input type="radio"/>
2. Helper	How others are feeling and what they need.	<input type="radio"/>
3. Achiever	Image, success, and how others perceive them.	<input type="radio"/>
4. Artist	What's missing, authentic, or emotionally resonant.	<input type="radio"/>
5. Observer	Intriguing ideas and conserving internal resources.	<input type="radio"/>
6. Loyalist	Possible threats and whether they can trust.	<input type="radio"/>
7. Enthusiast	Exciting possibilities and avoiding pain.	<input type="radio"/>
8. Challenger	Who has power and whether they are being controlled.	<input type="radio"/>
9. Peacemaker	Keeping things comfortable and avoiding conflict.	<input type="radio"/>

### 4. Key Drivers (Core Motivation)

What fuels your actions, what do you seek or avoid at a deep level.

Type	Thinking Pattern	
1. Reformer	To be good, right, and virtuous.	<input type="radio"/>
2. Helper	To feel loved and appreciated.	<input type="radio"/>
3. Achiever	To be successful and admired.	<input type="radio"/>
4. Creative	To find their identity and significance.	<input type="radio"/>
5. Observer	To be capable and self-sufficient.	<input type="radio"/>
6. Loyalist	To feel safe and supported.	<input type="radio"/>
7. Enthusiast	To experience freedom and avoid pain.	<input type="radio"/>
8. Challenger	To be in control and not be vulnerable.	<input type="radio"/>
9. Peacemaker	To avoid conflict and have harmony.	<input type="radio"/>

### Step 4: Identifying Your Top Three Types

a. Look at your answers—do you see a pattern?

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b. Write down all the numbers you have ticked off.

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c. Select the top 3 numbers that showed up the most in order of priority.

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d. Refer to the type description page and identify the description that feels the most like you. Write 1-3 options here.

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## Type Descriptions

### Type 1 - The Perfectionist/ Reformer:

You have an inner compass that always points to what's right. You believe in high standards and doing things correctly. Sometimes, you feel overworked, resentful, and highly critical of yourself and others.

### Type 2 - The Helper / Giver:

You're all heart. You're always there when people need you. You instinctively know what others need but can forget that you deserve care. You often struggle with boundaries and can feel overextended physically, financially, and emotionally.

### Type 3 - The Achiever / Performer:

Success is your middle name. You set goals, and you go after them. People admire your confidence. You have a hard time slowing down and tend to ignore / or neglect your personal needs and or the needs of others.

### Type 4 - The Individualist / Artist:

You feel deeply, are creative, and crave meaning. You have a unique way of seeing the world but can let self-doubt and self-consciousness hold you back. Your experiences are filtered through your emotions, and there seems to be an underlying theme of loss or that something is missing.

### Type 5 - The Observer / Thinker:

Knowledge is power, and you love uncovering meaningful truths. You'd rather observe than be in the spotlight. You struggle with feelings of emptiness and loneliness and can have a hard time letting other people get close to you.

### Type 6 - The Loyalist / Questioner:

You are hyper-vigilant and a cautious strategist. You are constantly prepared and think ahead. Trust is a significant matter for you, and once someone earns it, you become their rock. However, you tend to be pessimistic and often see the glass as half-empty.

### Type 7 - The Enthusiast / Epicure:

You're the life of the party, with Big Ideas and Big Dreams! You have boundless energy and think ahead to better opportunities, possibilities, and options. You are future-oriented, avoid painful emotions and can have difficulty with commitments and/or follow-through.

### Type 8 - The Challenger Leader:

You're the bold one—the friend who stands up for others. If life was a movie, you'd be the fierce protector who doesn't back down. Strength is your superpower, but letting people see your softer side can feel challenging. You believe others will take advantage of you if you are weak or lose control.

### Type 9 - The Peacemaker / Mediator:

You're the calm in the storm. Everyone loves you because you make them feel at ease. You prefer harmony, but sometimes, you forget that your voice matters, too. You can see all sides of an issue, are drawn to comfort, and avoid conflict.

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